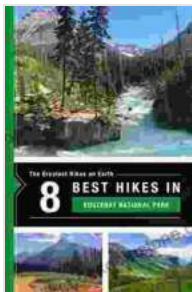


# The Best Hikes in Kootenay National Park: The Greatest Hikes on Earth 25



## The 8 Best Hikes in Kootenay National Park (The Greatest Hikes on Earth Book 25) by Nora Roberts

★★★★☆ 4.7 out of 5

Language	: English
File size	: 15707 KB
Text-to-Speech	: Enabled
Enhanced typesetting	: Enabled
Word Wise	: Enabled
Print length	: 86 pages
Lending	: Enabled
Screen Reader	: Supported



Nestled in the heart of the Canadian Rockies, Kootenay National Park is a hiker's paradise, boasting a breathtaking array of trails that cater to all levels of experience. From gentle strolls along pristine lakeshores to challenging ascents that reward with panoramic vistas, the park offers an unforgettable hiking experience. In this comprehensive guide, we will delve into the park's hidden gems, presenting the 25 best hikes that will leave you in awe of nature's wonders.

### 1. Stanley Glacier Trail

Distance: 26 km (16 miles) Elevation Gain: 850 m (2,788 feet) Difficulty:  
Moderate



Begin your Kootenay hiking adventure with the iconic Stanley Glacier Trail, a 26-kilometer (16-mile) journey that leads to the awe-inspiring Stanley Glacier. As you navigate through meadows carpeted in wildflowers and ascend through towering forests, the trail offers glimpses of cascading waterfalls and panoramic mountain views. The crowning jewel of the hike is the glacier itself, an icy expanse that invites you to marvel at its grandeur.

## **2. Numa Falls Trail**

Distance: 1.8 km (1.1 miles) Elevation Gain: 50 m (164 feet) Difficulty: Easy



For a leisurely stroll that offers big rewards, embark on the Numa Falls Trail. This short and accessible 1.8-kilometer (1.1-mile) trail leads you to the captivating Numa Falls, a thunderous cascade that plunges into a serene pool below. The trail meanders through a verdant forest, providing a symphony of sights and sounds that will enchant nature enthusiasts of all ages.

### **3. Paint Pots Trail**

Distance: 2.8 km (1.7 miles) Elevation Gain: 100 m (328 feet) Difficulty: Easy



Discover a geological wonder on the Paint Pots Trail, a 2.8-kilometer (1.7-mile) loop that showcases the park's unique hydrothermal features. The trail takes you past bubbling mud pots, steaming vents, and vibrant mineral deposits that paint the landscape in a kaleidoscope of colors. Along the way, you will be captivated by the interplay of nature's forces, as geothermal activity creates a surreal and fascinating environment.

#### **4. Kindersley Pass Trail**

Distance: 19 km (11.8 miles) Elevation Gain: 800 m (2,625 feet) Difficulty: Moderate



For a challenging yet rewarding adventure, tackle the Kindersley Pass Trail. This 19-kilometer (11.8-mile) hike ascends to the breathtaking Kindersley Pass, offering panoramic vistas of the park's rugged peaks and alpine meadows. As you navigate through towering forests and traverse rocky terrain, you will be rewarded with unforgettable views that will make the climb worthwhile.

#### **5. Floe Lake Trail**



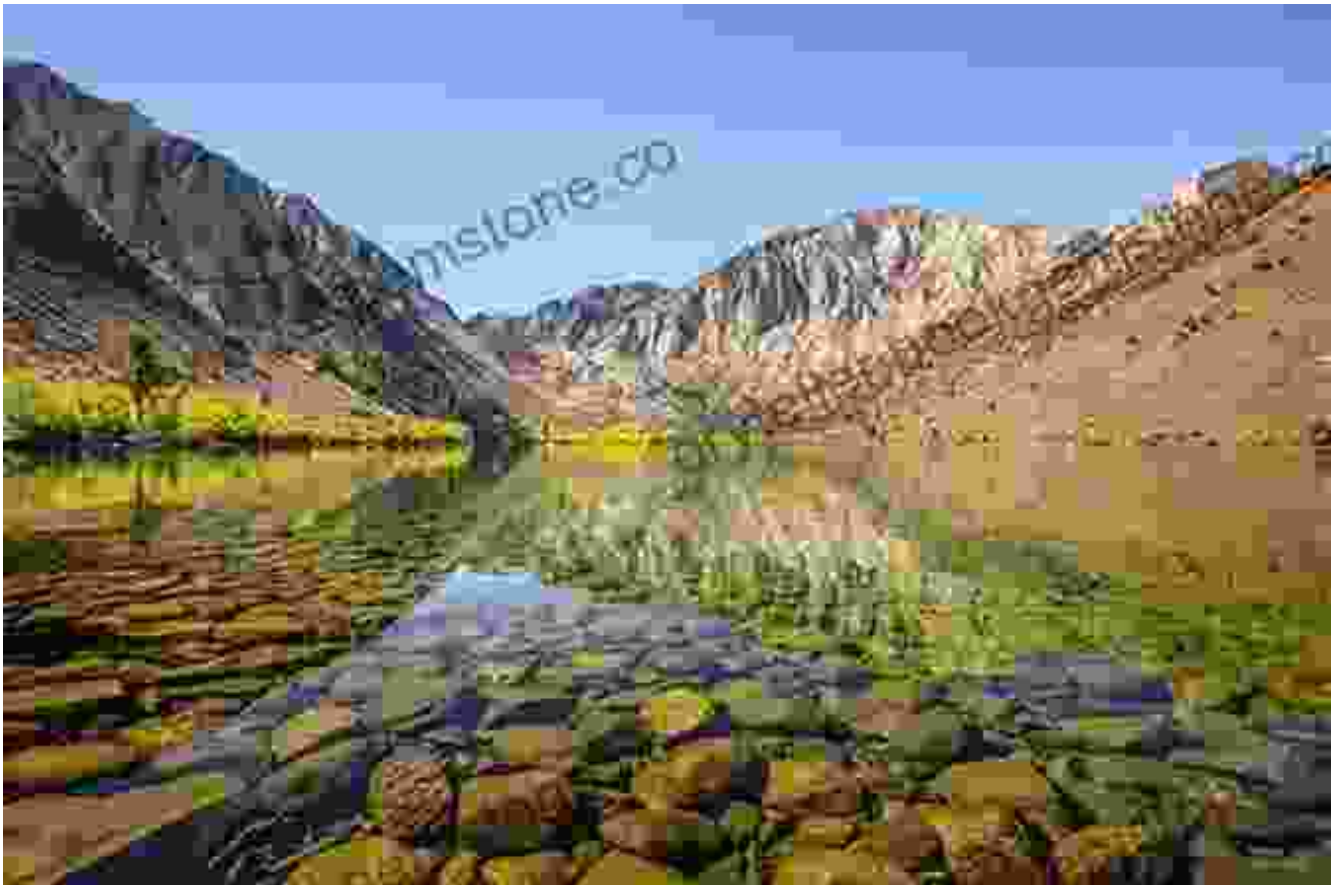
Distance: 10 km (6.2 miles) Elevation Gain: 250 m (820 feet) Difficulty: Moderate



Escape into a serene wilderness on the Floe Lake Trail, a 10-kilometer (6.2-mile) out-and-back trail that leads to the pristine Floe Lake. The trail winds through a dense forest, offering glimpses of wildlife and the occasional waterfall. As you approach the lake, you will be mesmerized by its crystal-clear waters and the stunning mountain backdrop that reflects in its glassy surface.

## **6. Cobalt Lake Trail**

Distance: 12 km (7.5 miles) Elevation Gain: 300 m (984 feet) Difficulty: Moderate



Embark on a scenic journey to Cobalt Lake, a 12-kilometer (7.5-mile) loop trail that showcases the vibrant beauty of this alpine lake. The trail meanders through lush forests and open meadows, offering glimpses of wildlife and wildflowers along the way. As you approach Cobalt Lake, you will be captivated by its brilliant turquoise waters, which contrast stunningly with the surrounding mountain peaks.

## **7. Tokumm Creek Trail**

Distance: 22 km (13.7 miles) Elevation Gain: 900 m (2,953 feet) Difficulty: Moderate

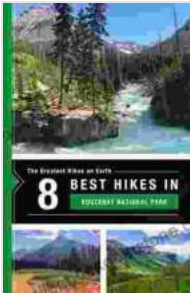


Experience the rugged beauty of Tokumm Creek on this 22-kilometer (13.7-mile) out-and-back trail. The trail follows the roaring Tokumm Creek, traversing suspension bridges and navigating steep canyon walls. Along the way, you will be rewarded with stunning vistas of waterfalls, cascading rapids, and towering peaks. This hike is a true adventure for those seeking a challenging and rewarding experience.

### **8. Redstreak Campground Loop Trail**

Distance: 5 km (3.1 miles) Elevation Gain: 100 m (328 feet) Difficulty: Easy





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