Senior Friendly Touring: A Guide to Accessible Cruise Ports

Cruising is a wonderful way to see the world, but it can be difficult for seniors to navigate the ports of call. This guide will provide you with tips on how to choose senior-friendly cruise ports, and how to make the most of your time ashore.



Tour the Cruise Ports: Argentina: Senior Friendly Books (Touring the Cruise Ports) by James Maskalyk

★ ★ ★ ★ 5 out of 5

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How to Choose Senior-Friendly Cruise Ports

When choosing a cruise port, there are several things you should keep in mind:

- Accessibility: The port should be easy to get around, with plenty of ramps and elevators. There should also be accessible transportation options available to get you to and from the ship.
- Shore excursions: The port should offer a variety of shore excursions that are suitable for seniors. This could include things like walking tours, bus tours, and boat tours.

- Services: The port should have a variety of services available to seniors, such as medical services, mobility assistance, and wheelchairs.
- **Safety:** The port should be safe and well-lit, with a low crime rate.

You can find information on the accessibility of cruise ports from a variety of sources, including the cruise line's website, the port's website, and online travel forums. You can also contact the port directly to ask about specific accessibility features.

How to Make the Most of Your Time Ashore

Once you've chosen a senior-friendly cruise port, there are several things you can do to make the most of your time ashore:

- Plan ahead: Before you disembark, take some time to research the port and plan your itinerary. This will help you avoid wasting time wandering around aimlessly.
- Book shore excursions in advance: If you're interested in taking a shore excursion, book it in advance. This will guarantee your spot and avoid any last-minute surprises.
- Bring comfortable shoes: You'll be ng a lot of walking, so make sure you wear comfortable shoes.
- Bring a hat and sunscreen: The sun can be strong in many cruise ports, so make sure you protect yourself from the elements.
- Bring a water bottle: Staying hydrated is important, especially in hot weather.

 Be aware of your surroundings: Always be aware of your surroundings and take precautions to avoid getting lost or scammed.

Cruising can be a wonderful experience for seniors, but it's important to plan ahead to ensure that you have a safe and enjoyable time.



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